

Press Release
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Gene therapy:

Microdystrophin restores muscle strength in Duchenne muscular dystrophy

Researchers from [Généthon](#), the [AFM-Téléthon laboratory](#), Inserm (UMR 1089, Nantes) and the [University of London](#) (Royal Holloway) demonstrated the efficacy of an innovative gene therapy in the treatment of Duchenne muscular dystrophy. Indeed, after injecting microdystrophin (a “shortened” version of the dystrophin gene) via a drug vector, the researchers managed to restore muscle strength and stabilise the clinical symptoms in dogs naturally affected by Duchenne muscular dystrophy. A first. This work, published today in [Nature Communications](#), has been achieved thanks to donations from the French [Téléthon](#).



Some Golden Retrievers develop Duchenne muscular dystrophy naturally. The successful treatment of these dogs, which show the same clinical symptoms as children with this disease, and are of a similar weight, is a decisive step toward developing the same treatment in children.

Play the video of treated dogs

Duchenne muscular dystrophy is a rare progressive genetic disorder involving all the muscles of the body, and affects 1 in 5,000 boys. It is the most common neuromuscular disorder in children. It is associated with abnormalities in the DMD gene, which encodes dystrophin, a protein that is essential for proper muscle function. This gene is one of the largest in our genome (2.3 million base pairs, of which over 11,000 are coding). Because of this size, it is technically impossible to insert the entire DNA for dystrophin into a viral vector (or even the 11,000 coding base pairs alone), as is usually done for gene therapy.

To meet this challenge, teams at Genethon developed, in collaboration with a team at Royal Holloway University of London led by Pr. Dickson, and produced, a gene therapy drug combining an AAV-type viral vector with a shortened version of the dystrophin gene (approximately 4,000 base pairs), allowing the production of a functional protein. Dr Le Guiner's team **tested this innovative treatment in 12 dogs naturally affected by Duchenne muscular dystrophy**. By injecting this microdystrophin intravenously, and hence into the whole body of the dogs, **the researchers observed that dystrophin expression returned to a high level, and muscle function was significantly restored, with stabilisation of the clinical symptoms observed for over 2 years following injection of the drug (see video)**. No immunosuppressive treatment was administered beforehand, and no side-effects were observed.

"This preclinical study demonstrates the safety and efficacy of microdystrophin, and makes it possible to consider developing a clinical trial in patients. Indeed, this is the first time that it has been possible to treat the whole body of a large-sized animal with this protein. Moreover, this innovative approach allows treatment of all patients with Duchenne muscular dystrophy, regardless of the genetic mutation responsible," says Caroline Le Guiner, the main author of this study.



"This is tremendously exciting progress towards a gene therapy for DMD. The studies in GRMD dogs have been spectacular and exceeded our expectations. My team has worked for many years to optimise a gene therapy medicine for DMD, and now the quite outstanding work of colleagues in France, in Genethon, in Nantes and in Paris has taken us close to clinical trials in DMD patients. I pay thanks also to the amazing and steadfast support of this research by AFM-Telethon and MDUK (Muscular D

About Genethon – www.genethon.fr

Genethon, located in Evry, France, is a non-profit R&D organisation dedicated to the development of biotherapies for orphan genetic diseases, from research to clinical validation. Genethon is specialized in the discovery and development of gene therapy drugs and has multiple ongoing programs at clinical, preclinical and research stage for neuromuscular, blood, immune system, liver and eye diseases.

Discover Genethon's pipeline: <http://www.genethon.fr/produits/>

About AFM-Téléthon - www.afm-telethon.fr

The French Muscular Dystrophy Association (AFM) federates patients with neuromuscular diseases and their parents. Thanks mostly to donations from France's annual Telethon (€92.7 million in 2016), the AFM-Telethon has become a major player in biomedical research for rare diseases in France and worldwide. It currently supports 34 clinical trials for genetic diseases affecting the eye, blood, brain, immune system and neuromuscular system. Thanks to its Genethon research lab, the AFM-Telethon stands out through its unique ability to produce and test its own gene-based medicines.

About Inserm

Founded in 1964, the French National Institute of Health and Medical research (Inserm) is a public science and technology institute, jointly supervised by the French Ministry of National Education, Higher Education and Research and the Ministry of Social Affairs. Inserm is the only French public research institute to focus entirely on human health with nearly 15000 researchers, engineers, technicians, post-doctoral students and more than 300 laboratories. The mission of its scientists is to study all diseases, from the most common to the rarest. Inserm is a member of Aviesan*, the French National Alliance for Life Sciences and Health founded in 2009.

Inserm UMR 1089, the Nantes gene therapy laboratory, conducts translational research programs to develop and evaluate gene therapy products for the treatment of rare genetic diseases (especially for diseases of the neuromuscular system and retina), before proceeding to clinical trials.

** Other founding members of Aviesan : CEA, CNRS, CHRU, CPU, INRA, INRIA, Inserm, Institut Pasteur, IRD*

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